

Sustainability Checklist

Sustainable Travel

This checklist highlights practical actions ranging from simple, easy-to-implement steps to more advanced solutions that may require longer-term planning. There is no set order in which the actions need to be completed. Whether your practice is just beginning its sustainability journey or looking to build on existing initiatives, this checklist is designed to guide and support meaningful progress.

Sustainable travel is an important consideration for clinics, as staff and patient transport often make up a large part of the clinic's carbon footprint. By promoting eco-friendly travel options, clinics can reduce emissions, improve local air quality, and showcase their commitment to sustainability.

Practical strategies can include:

- Promoting active transport (such as walking or cycling) and public transport
- Facilitating electric vehicle (EV) uptake
- Facilitating virtual meetings and appointments
- Encouraging sustainable delivery of equipment and supplies

Active Transport and Public Transport

ST.1	Have you considered displaying walking/cycling routes and maps of your local area in the practice? Raising awareness is a first step. Encourage conversations among staff and with patients about active transport.	<input type="radio"/>
ST.2	Are there secure facilities, such as bike racks, at the practice? Having secure storage facilities will enable the use of bicycles and e-bicycles among the staff and patients.	<input type="radio"/>
ST.3	Are you promoting public transport utilisation on your website? Is it easy to find a suitable public transport route to your practice? See https://www.adelaidemetro.com.au/ Raising awareness on available public and active transport options helps to encourage staff and patients to transition away from travelling by car.	<input type="radio"/>
ST.4	For your staff, do you provide "end-of-ride" facilities such as showers and changing facilities to support active transport? Check with your staff what they need to feel comfortable arriving at the practice using active transport.	<input type="radio"/>

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Other Sustainable Travel Alternatives		
ST.5	<p>Review the procedures in place for reaching out to the staff about sustainable travel options.</p> <ul style="list-style-type: none"> • Have you encouraged the staff to use sustainable travel alternatives such as carpooling? <p>When active and public transportation is challenging, staff can be encouraged to maximise the efficiency of trips made by car.</p> <ul style="list-style-type: none"> • Are you prioritising carbon-neutral flight options for professional travel (e.g. conferences and workshops, outreach programs, etc.)? <p>If your travel agent does not provide these options already, check directly with the airline, for example, Qantas, Virgin, and Jetstar offer this service.</p> <p><i>For further background, visit Carbon offsets Climate Active and verify that your offset provider is a Climate Active certified provider through Certified Brands Climate Active using the filter setting Industry=Transport.</i></p>	<input type="radio"/>
Promoting EV Use		
ST.6	<p>Are there any incentives, such as salary sacrifice schemes, available for staff to purchase or lease electric vehicles?</p> <p>The payments for electric vehicles can be made from the staff's pre-tax salary, providing a financial incentive that motivates them to switch to EVs.</p>	<input type="radio"/>
ST.7	<p>Have you installed EV charging stations at your practice?</p> <p>Having an EV charging station enables staff and patients who drive electric vehicles to charge conveniently on-site.</p>	<input type="radio"/>
	<p><i>If yes:</i></p> <ul style="list-style-type: none"> • Do you use renewable energy in your EV charging system? • Do you have a dedicated power circuit for EV charging to improve safety and reduce charging time? 	<input type="radio"/>
	<p><i>If no:</i></p> <ul style="list-style-type: none"> • Have you considered the feasibility of installing an EV charging station at your practice? • Have the locations of the nearest charging stations been displayed at your practice? 	<input type="radio"/>
Virtual Meetings and Appointments		
ST.8	<p>Does your clinic offer virtual appointments for non-clinical procedures? (E.g. follow-up reviews, treatment planning discussions, etc.)</p> <p>Offering virtual appointments can significantly reduce unnecessary patient travel</p>	<input type="radio"/>
ST.9	<p>Does your clinic offer IT-supported remote services? (E.g. tele-dentistry, electronic referrals)</p> <p>Tele-dentistry and electronic referrals improve access to dental care, especially for rural or low-income populations, by enabling remote consultations and screenings, which will eliminate the need for unnecessary travelling.</p>	<input type="radio"/>
ST.10	<p>Is the option for family appointments available at your clinic?</p> <p>Family dental appointments are important because they reduce multiple trips to the clinic, saving travel time, costs, and emissions.</p>	<input type="radio"/>

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This checklist has been developed by Rawtec and 2XE for the Australian Dental Association – South Australia (ADASA) as part of Lead-Educate-Assist-Promote (LEAP) grant provided by Green Industries SA (GISA). It is one of three sustainability checklists made publicly available.

To achieve consistent, relevant and achievable goals, it is recommended that you periodically revisit this checklist, record your current score, and set your organisation 3 new, priority actions to implement.

Date	Initial	Score	3 Priority actions to implement		
12/09/2025	J. Smith	5/10	Secure facilities (ST.2)	Charging station (ST.7)	Family appointments (ST.10)



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